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Athens, 22/10/2020
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CERTIFICATE OF ANALYSIS

Analysis Date: 22/10/2020

Owner: MANOLIO
Variety: KORONEIKI
Origin: ERFOI RETHYMNI GREECE
Harvest Period: October 2020

Chemical Analysis

Oleocanthal	209 mg/Kg
Oleacein	117 mg/Kg
Oleocanthal + Oleacein (index D1)	326 mg/Kg
Ligstroside aglycon (monoaldehyde form)	81 mg/Kg
Oleuropein aglycon (monoaldehyde form)	68 mg/Kg
Ligstroside aglycon (dialdehyde form)	446 mg/Kg
Oleuropein aglycon (dialdehyde form)	187 mg/Kg
Total tyrosol derivatives	737 mg/Kg
Total hydroxytyrosol derivatives	372 mg/Kg
Total polyphenols analyzed	1.109 mg/Kg

Comments :

The levels of oleocanthal and oleacein are higher than the average values (135 and 105 mg/Kg respectively) of the sample included in the international study performed at the University of California, Davis.

The daily consumption of 20 g of the analyzed olive oil provides 22.2 mg of hydroxytyrosol, tyrosol or their derivatives. Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed according to the method published in J.Agric. Food Chem., 2012, 60 (47) , pp 11696-11703, J.Agric. Food Chem., 2014 62 (3) , 600-607 and OLIVAE, 2015, 122, 22-33.

*Oleomissional+Oleuropeindial **Ligstrodial+Oleokoronal

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